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IDI Underwriting Insight: Knee Problems continued

Your DI underwriter takes into account the nature and severity of the injury and the treatment required to determine whether the impairment requires an exclusion rider on the policy. Many exclusion riders for knee injuries can be reviewed in the future for possible removal. If the injury resulted in traumatic arthritis of the knee, the exclusion may be permanent. Many surgicallycorrected knee problems may not require an exclusion if a period of time (sometimes as little as a year) has elapsed since recovery and release from care.

If there are significant occupational requirements, a knee problem may pose more of an underwriting concern. Being overweight also poses additional problems with recovery or re-injury of the knee.

Other disorders may require a longer-term or even permanent exclusion. Examples include:

- Osaood-Schlatter disease (a form of osteochondritis affecting the knees) causes degeneration of bone and cartilage, as does degenerative arthritis of the knee.
- Plica syndrome (irritation/pain, swelling or snapping in the knee lining) can occur from an injury or certain exercises, repetitive motions or kneeling. It can often be treated without surgery but can require surgery and physical therapy.

With all knee impairments, DI underwriters make the most equitable decision based on the circumstances of each individual situation, and can also advise you on when it may be possible to reconsider a knee exclusion.

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IDI Underwriting Insight: Knee Problems

One of the more frequently encountered medical histories is that of knee impairments. In fact, the knee is one of the most often injured joints in the body and is second only to back injuries as a cause of musculoskeletal disorder. When applying for Individual Disability Insurance, what should clients with a history of knee impairment expect?

Several supporting and moving parts, including bones, cartilage, muscles, ligaments and tendons help knees do their job. All of these areas are subject to disease and injury, which means there can be many types of knee impairments. Here are some of the most common conditions:

- and tendon.
- and plica syndrome.

The most common injuries involve the ligaments and can vary from mild sprain of one ligament to complete ligament or tendon rupture. Treatment for knee injuries can involve anything from exercise and muscle strengthening to surgical correction or even knee replacement. *(continued on page 4)*

News You Can Use

• Principal Life has a new and improved BOE policy, including lower new issue rates, new definitions of total and residual disability, and much more. Contact us for more information and state approval.

- more details.

Inside this i

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Injuries – meniscal, cruciate ligament, and collateral ligament

Diseases – chondromalacia, arthritis, Osgood-Schlatter disease

 Prudential has re-priced its LTC3 product. New rates take effect April 5th, 2011 (subject to state approval). Prudential has also made changes to the LTC3 product. Visit the News section of our website for

Two educational audioconferences in April:

- April 20th, 11:00am PDT - Prospecting with Steve Kloyda - April 27th, 11:00am PDT - Real Life Cases with Petersen International Check the Events section of our homepage one week before each audioconference for complete details if you are not on our email list.

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If there are specific topics you'd like to see covered in future newsletters, please contact:

Kelsie Van Tine

at kelsie@pacificadvisors.net

Visit our website at www.pacificadvisors.net for industry news and upcoming events!

The Impact of Restricted Stock Units on Individual DI

Restricted Stock Units (RSU) are a form of stock-based compensation that has gained popularity and are part of more and more stock compensation programs. An RSU is a grant valued in terms of company stock, but company stock is not issued at the time of the grant. After the recipient of a unit satisfies the vesting requirement share of company stock or a cash equivalent are distributed. The biggest difference between RSUs and employee stock options is that RSUs are taxed as ordinary income at the time of vesting and will appear on the participants' W-2 while stock options are usually taxed at the time of option exercise.

As RSUs are reported as earned income they can be taken into consideration when calculating individual disability benefits unlike stock options. Since the value of RSUs can vary from year to year as stock prices change and the amount of vested shares fluctuates, Restricted Stock Units are treated as bonus income. Carriers will require a consistent RSUs vesting history and will take the average value of the last three years of vested RSUs into consideration.

How is RSU income reported on a W-2? See an example below:

This box includes your RSU income

This box includes any withholding as a result of the vested RSU shares

and the second			
 		E	 vesting price
	VIIII VASIAL		Vestimin nine :
TINGAGO			VCGUIIG DIICC

6.600.00 30,000.00 3 Social accurity waters 31,123.45 4 Social socurity tax withinid 1,866.00 This blue Earnings Summary section is included with your W-2 to help describe portions in more detail. The reverse side includes general information that you may also find helpful. Medicare wages and tips 6 Medicare tax withheid 435.00 31.123.45 1. The following information reflects your final 2003 pay stub plus any adjustments submitted by your employer. Control Humper Dept Corp. Employer use only 1,866.00 WA: State Income Tax 31,135.78 Social Security 3433 49/RAQ 34343 Gross Pay (345 K Tax Withheld Box 17 of W-2 c Employer's name, address, and ZP code Box4 of W-2 SHUSDI AMAZON COM HOLDINGS INC AMAZON GLOBAL RESOURCES P O BOX 81226 SEATTLE WA 98108 Box 14 of W-2 Medicare Tax Fed. Income 6,600.00 435.00 **Tax Withheld** Withheld Box2 of W-2 Box6 of W-2 2. Your Gross Pay Was Adjusted as follows to produce your W-2 Statement. Batch #00906 WA. State Wages, Wages, Tips, other Social Security Medicare Employee's \$\$4 number 123-45-6789 Allocated tipe D Employer's FED ID numb 91-1986545 Wages Box 3 of W-2 Wages Box 5 of W-2 Tips, Etc. Box 16 of W-2 Compensation Box 1 of W-2 Social security tipe 31,135.78 31,135.78 31,135.78 GrossPay 9 Advance ElC payment Oecendent care benefits Plus GTL(C-Box12) 12.33 12.33 12.33 11 Nonqualified plans 28 See Instructions for hor 12 1.123.45 Less 401(k)(D-Box12) N/A N/A 12.33 126 D Less MedicalFSA N/A N/A N/A -1,125.45-__ 14 Otner 12C V 289.55 N/A N/A Less OtherCafe 125 N/A 120 13 átas e N/A WagesOverLimit N/A N/A 205 5057 123 20 31,123.45 31,123.45 30,000.00 X Reported W-2 Wages and ZIP code e/f Employee's name, address This amount includes any withholding Jane Doe as a result of the vested RSU shares 1234 Street Anywhere, WA 98000 3. Employee W-4 Profile. To change your Employee W-4 Profile Information, file a new W-4 with your payroll dept. 15 State Employer's state ID no. 16 State wages, tips, etc. WA Social Security Number: 123-45-6789 Taxable Marital Status: MARRIED 17 State Income Local wages, tips, etc. Jane Doe 1234 Street 20 Locality name Anywhere, WA 98000 19 Local income tax Exemptions/Allowances: FEDERAL: 13 Bit the IHS WOO Sale, accurate, Inse - file at www.lrs.gov. No State Income Tax STATE: FASTI Use Employee Reference Copy Wage and Tax 2003 W-2 Statement O 2002 AUTOMATIC DATA PROCESSING. INC. CHE No 1545-0008 Copy C for employee's record

This amount consists of options and RSUs you received

Federal Employee Disability Retirement Benefits

Government employees generally participate in the Federal Employees Retirement System (FERS), Public Employee Retirement System (PERS) or other similar government sponsored programs. These retirement programs include a disability benefit that is separate from any group long-term disability plan that may be available and impacts what is available in the individual market. Following is a summary of the disability benefits available through FERS.

FERS disability benefits are computed in different ways depending on the annuitant's age and amount of service at retirement. In addition, FERS disability retirement benefits are recomputed after the first twelve months and again at age 62, if the annuitant is under age 62 at the time of disability retirement.

FERS Disability Computation if -

- Under age 62 at retirement, and...
- Not eliaible for immediate voluntary retirement

One receives their 'earned' annuity based on the general FERS annuity computation as follows:

For the first 12 months -	60% of your high-3 av benefit for any mont However, you are er amount.
After the first 12 months -	40% of your high-3 av benefit for any mont benefits. However, y than this amount.
When you reach age 62 - Your annuity will be recomputed using an amount that essentially represents the annuity you would have received if you had continued working until the day before your 62nd birthday and then retired under FERS.	If your actual service equals less than 20 yo of service. If your ac annuitant equals 20 yo each year of service Total service used in time you have receive Average Salary used cost-of-living increase annuity.

FERS Disability Computation if -

Age 62 or older at retirement, or...

• Meet the age and service requirements for immediate voluntary retirement

One receives their 'earned' annuity based on the general FERS annuity computation as follows:

• If age 62 or older at retirement with less than 20

Under age 62 qualified for an immediate volum

If age 62 or older with 20 or more years of service

Wages, tipe, other comp.

Page 2

verage salary minus 100% of your Social Security th in which you are entitled to Social Security benefits. ntitled to your 'earned' annuity, if it is larger than this

iverage salary minus 60% of your Social Security th in which you are entitled to Social Security disability you are entitled to your 'earned' annuity, if it is laraer

e, plus the credit for time as a disability annuitant ears, 1% of your high-3 average salary for each year ctual service plus the credit for time as a disability years or more, 1.1% of your high-3 average salary for e.

the computation will be increased by the amount of ived a disability annuity.

d in the computation will be increased by all FERS ses paid during the time you received a disability

) years of service	1% of the high-3 average salary
tary retirement	for each year of service
се	1.1% of the high-3 average salary for each year of service